



# YAK ATTACK



## *Yak Attack 2023 Edition: Race Results*

**Stage 7: Kagbeni Loop**

**Total Distance: 35km**

**Total Ascent: 1560m**

### **Stage 7 Category Results**

#### ***Open Male***

Achyut	Krishna Kharel	m	open	02:51:07
Suraj	Rana Magar	m	open	02:51:08
Laxman	Malla	m	open	02:51:11
Kumar	Tamang	m	open	02:54:13
Arnoldas	Valiauga	m	open	02:58:39
Marcelo	Perim	m	open	04:12:12
Lee	Scurlock	m	open	04:32:25
Hugo	Martin	m	open	05:15:01
Bikash	Parajuli	m	open	05:47:00

#### ***Open Female***

Usha	Khanal	f	open	03:43:37
Sunita	Shrestha	f	open	04:01:38
Humi	Buda Magar	f	open	04:15:49
Tan	Tryhorn	f	open	04:23:02
Laura	Martin	f	open	05:11:48
Sigita	Jonaityte	f	open	06:34:49

#### ***Masters 40+***

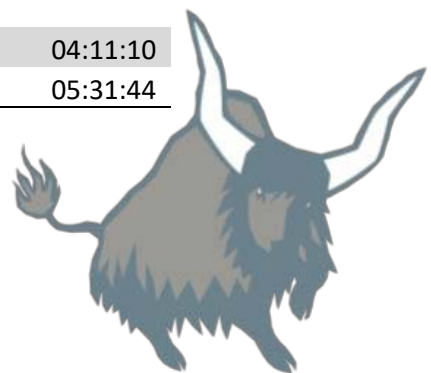
Prashanta	Pandey	m	40+	04:03:39
Harka	Lama	m	40+	04:10:50
Christian	Burdess	m	40+	04:54:03
Tomas	Ling	m	40+	05:16:19

#### ***Masters 50+***

Axel	Strauss	m	50+	02:56:42
Gyanendra	Sthapit	m	50+	05:06:37
Shane	Maher	m	50+	05:44:03

#### ***Masters 60+***

Martin	Hornegger	m	60+	04:11:10
Werner	Brunner	m	60+	05:31:44





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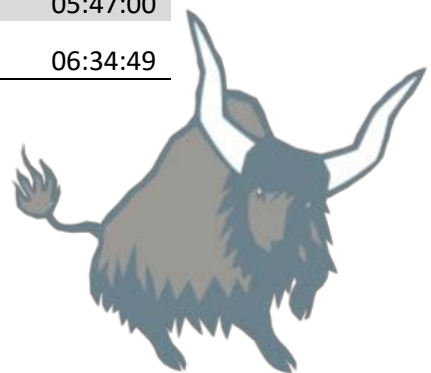
**Stage 7: Kagbeni Loop**

**Total Distance: 35km**

**Total Ascent: 1560m**

### **Stage 7 Results – No Category**

Achyut	Krishna Kharel	m	open	02:51:07
Suraj	Rana Magar	m	open	02:51:08
Laxman	Malla	m	open	02:51:11
Kumar	Tamang	m	open	02:54:13
Axel	Strauss	m	50+	02:56:42
Arnoldas	Valiauga	m	open	02:58:39
Usha	Khanal	f	open	03:43:37
Sunita	Shrestha	f	open	04:01:38
Prashanta	Pandey	m	40+	04:03:39
Harka	Lama	m	40+	04:10:50
Martin	Hornegger	m	60+	04:11:10
Marcelo	Perim	m	open	04:12:12
Humi	Buda Magar	f	open	04:15:49
Tan	Tryhorn	f	open	04:23:02
Lee	Scurlock	m	open	04:32:25
Christian	Burdess	m	40+	04:54:03
Gyanendra	Sthapit	m	50+	05:06:37
Laura	Martin	f	open	05:11:48
Hugo	Martin	m	open	05:15:01
Tomas	Ling	m	40+	05:16:19
Werner	Brunner	m	60+	05:31:44
Shane	Maher	m	50+	05:44:03
Bikash	Parajuli	m	open	05:47:00
Sigita	Jonaityte	f	open	06:34:49





## *Yak Attack 2023 Edition: Race Results*

### **Overall Results as of Stage 7**

Laxman	Malla	m	open	16:49:59
Suraj	Rana Magar	m	open	17:36:40
Achyut	Krishna Kharel	m	open	17:43:55
Arnoldas	Valiauga	m	open	18:13:38
Kumar	Tamang	m	open	18:57:15
Axel	Strauss	m	50+	19:43:41
Harka	Lama	m	40+	21:12:44
Usha	Khanal	f	open	22:23:15
Martin	Hornegger	m	60+	25:06:27
Lee	Scurlock	m	open	25:19:48
Marcelo	Perim	m	open	25:26:22
Humi	Buda Magar	f	open	25:36:35
Prashanta	Pandey	m	40+	26:24:00
Sunita	Shrestha	f	open	30:49:06
Tomas	Ling	m	40+	31:27:28
Werner	Brunner	m	60+	31:49:27
Christian	Burdess	m	40+	32:13:11
Gyanendra	Sthapit	m	50+	34:36:32
Shane	Maher	m	50+	34:40:40
Bikash	Parajuli	m	open	35:02:29
Hugo	Martin	m	open	35:08:18
Laura	Martin	f	open	35:22:08
Sigita	Jonaityte	f	open	37:18:39

